

## Riverston School Careers Programme Overview 2025-2026

Year Group	Autumn Term 2025	Spring Term	Summer Term
Year 7	JIGSAW PSHE: Introduction to identity, self-awareness and careers.	JIGSAW PSHE: Exploring skills, strengths and goals. Exploring planning skills.	JIGSAW PSHE: Rights and responsibilities, self-esteem and self-image.
	New starters Aspirations assembly (focus on future aspirations).	Careers Introduction assembly: Links between school subjects and careers.	Form Time Careers Programme (Thursdays) focused on personal strengths and LMI.
	Introduction to Unifrog (building profiles).	National Careers Week Events and Activities.	Parent-student careers workshop (if possible, TBC).
Year 8	JIGSAW PSHE: Self-identity, stereotypes, managing expectations.	JIGSAW PSHE: Long term goals, skills and qualifications for careers, money and happiness, money and budgeting.	JIGSAW PSHE: Relationship with self, online and offline identity, the media and online health.
	Employer assembly: Introduction to industries.	Careers Introduction assembly: Links between school subjects and careers.	Form Time Careers Programme (Thursdays) focused on self-identity, pathways and skills for work.
	Introduction to Unifrog (building profiles). Researching industries and jobs.	National Careers Week Events and Activities.	Parent-student careers workshop (if possible, TBC).
Year 9	JIGSAW PSHE: Self-identity, Equality Act, bullying in the workplace, discrimination, stereotyping and prejudice.	JIGSAW PSHE: Personal strengths, SMART planning, the world of work, self-esteem, stigma, first aid.	JIGSAW PSHE: Assertiveness skills, managing changes, improving resilience skills,



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			benefits of relaxation, influences.
	12-Weeks Timetabled Careers Lessons: Interactive lessons to support understanding of self, careers, decision-making, pathways and the options process.	12-Weeks Timetabled Careers Lessons: Interactive lessons to support understanding of self, careers, decision-making, pathways and the options process.	12-Weeks Timetabled Careers Lessons: Interactive lessons to support understanding of self, careers, decision-making, pathways and the options process.
	Employer assembly: Introduction to industries.	Options Evening: Presentations and 1:1 discussions with students and parents.	Form Time Careers Programme (Thursdays) focused on self-identity, pathways and skills for work.
	Interactive workshops with local employers.	Careers Introduction assembly: Links between school subjects and careers.	Year 9 work-related project: Team challenge (if possible, TBC).
		National Careers Week Events and Activities.	Parent-student careers workshop (if possible, TBC).
		Introduction to Unifrog (building profiles).	Interactive workshops with local employers. (if possible, TBC).
Year 10	JIGSAW PSHE: Equality in the workplace, GDPR, workplace expectations, rights and responsibilities.	JIGSAW PSHE: Reaching goals, resilience, work-life balance, online profiles and impact on future employability or goals, impact of volunteering.	JIGSAW PSHE: Discernment, laws and rights, unacceptable behaviours, societal change, decision making, support, personal safety.
	Local Authority 1:1 external careers interviews (TBC).	Careers Introduction assembly: Links between school subjects and careers, next steps planning.	Form Time Careers Programme (Thursdays) focussed on action planning and preparation, including



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			interviews and application preparation. CV writing and interview preparation. Labour market information and employability skills.
	Raising Ambitions assembly: focus on KS4 pathways and futures.	National Careers Week Events and Activities.	Year 10 work-related experience (if feasible, TBC for 2026).
		Careers Guidance: Drop-in Enrichment session.	Mock interviews with local employers (TBC).
		Introduction to Unifrog (building profiles).	Careers Fair: Internal fair with guest speakers and industry specific talks (Year 10–14).
		Student trip to Shooters Hill College for ‘Run the Restaurant’ initiative.	Careers Guidance: Drop-in Enrichment session.
			1:1 discussions: Planning post-16 options (TBC).
Year 11	JIGSAW PSHE: Becoming an adult, age limits and the law, Equality Act, advice, consequences.	JIGSAW PSHE: Solution-focussed thinking, aspirations, careers, finances, budgeting, skills identification, realistic goals, dream jobs and skillset, employment, education and training options.	JIGSAW PSHE: Balance of power and Equality Act, challenging societal norms, staying true to yourself, preparation for exams and planning.
	1:1 discussions and decisions: Planning post-16 options.	Careers Introduction assembly: Links between	Form Time Careers Programme (Thursdays) focussed on action planning



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		school subjects and careers, next steps planning.	and preparation, including interviews and application preparation.
	Transition Annual Review and 1:1 external 'preparing for adulthood' interviews with Local Authority (TBC).	Options and Pathways: 1:1 discussions with Key Stage 5 Coordinator, Form Tutors, families and Head of Careers.	Year 11 work-related experience (if feasible, TBC).
	Raising Ambitions assembly: focus on KS4 pathways and futures.	National Careers Week Events and Activities.	Mock interviews with local employers (TBC).
		Careers Guidance: Drop-in Enrichment session.	Careers Fair: Internal fair with guest speakers and industry specific talks (Year 10–14).
		Introduction to Unifrog (building profiles).	Careers Guidance: Drop-in Enrichment session.
		Student trip to Shooters Hill College for 'Run the Restaurant' initiative.	Post-16 transition events and taster, reflection sessions, preparing for Year 12.
Year 12	PSHE AQA Unit Award Scheme: personal action planning, making informed career choices, applying for jobs and courses,	PSHE AQA Unit Award Scheme: relationships, behaviour and practices in the workplace, personal finance.	PSHE with Careers focus: Preparation for transition, adulthood, University life and work readiness. UCAS and apprenticeship preparation.
	Assemblies: Guest speaker series. Focus on higher education and career pathways.	Careers Introduction assembly: Links between school subjects and careers, next steps planning.	Form Time Careers Programme (Thursdays) focused on guided advanced CV writing, applications and interview preparation, long-



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			term planning, LMI and pathways.
	ASDAN: including internal Work Experience.	National Careers Week Events and Activities.	Work experience placements: 1-2 weeks (TBC)
		Careers Guidance: Drop-in Enrichment session.	Careers Fair: Internal fair with guest speakers and industry specific talks (Year 10–14).
		Introduction to Unifrog (building profiles).	Trip: University visit (TBC).
		Work experience: Preparation and support for planning and securing placements.	Careers Fair: Opportunities to meet employers and education providers (TBC 2026).
		1:1 guidance discussions with Form Tutors, families, Key Stage 5 Coordinator and Head of Careers.	Transition planning for Year 13.
		Student trip to Shooters Hill College for 'Run the Restaurant' initiative.	Careers Guidance: Drop-in Enrichment session.
Year 13	PSHE AQA Unit Award Scheme: personal action planning, making informed career choices, applying for jobs and courses.	PSHE AQA Unit Award Scheme: relationships, behaviour and practices in the workplace, personal finance.	PSHE with Careers focus: Preparation for transition, adulthood, University life and work readiness. UCAS and apprenticeship preparation.
	Assemblies: Guest speaker series. Focus on higher education and career pathways.	Pathways: 1:1 discussions with Key Stage 5 Coordinator, Form Tutors,	Form Time Careers Programme (Thursdays) focused on guided advanced CV writing, applications and



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		families and Head of Careers.	interview preparation, long-term planning, LMI and pathways.
	Transition Annual Review and 1:1 external 'preparing for adulthood' interviews with Local Authority (TBC).	Careers Introduction assembly: Links between school subjects and careers, next steps planning.	Work experience placements: 1-2 weeks (TBC).
	1:1 career discussions to refine plans.	National Careers Week Events and Activities.	Careers Fair: Internal fair with guest speakers and industry specific talks (Year 10–14).
	Finalising UCAS and apprenticeship applications.	Careers Guidance: Drop-in Enrichment session.	Trip: University visit (TBC).
		Introduction to Unifrog (building profiles).	Careers Fair: Opportunities to meet employers and education providers (TBC 2026).
		Student trip to Shooters Hill College for 'Run the Restaurant' initiative.	Careers Guidance: Drop-in Enrichment session.
Year 14	PSHE AQA Unit Award Scheme: personal action planning, making informed career choices, applying for jobs and courses.	PSHE AQA Unit Award Scheme: relationships, behaviour and practices in the workplace, personal finance.	PSHE with Careers focus: Preparation for transition, adulthood, University life and work readiness. UCAS and apprenticeship preparation.
	Transition Annual Review and 1:1 external 'preparing for adulthood' interviews with Local Authority (TBC).	Pathways: 1:1 discussions with Key Stage 5 Coordinator, Form Tutors, families and Head of Careers.	Form Time Careers Programme (Thursdays) focused on guided advanced CV writing, applications and interview preparation, long-



			term planning, LMI and pathways.
1:1 tailored careers guidance: Refining transition plans.	Careers Introduction assembly: Links between school subjects and careers, next steps planning.	Work experience placements: internal or external 1-2 weeks (TBC).	
	National Careers Week Events and Activities.	Careers Fair: Internal fair with guest speakers and industry specific talks (Year 10–14).	
	Careers Guidance: Drop-in Enrichment session.	Careers Guidance: Drop-in Enrichment session.	
	Introduction to Unifrog (building profiles).	Transition planning and final reflections: Support for life beyond Riverston.	

### Key Notes

- Ongoing Updates:** This table reflects our current careers programme and newly introduced elements. Additional activities marked with “TBC” are under development.
- Unifrog Integration:** We are currently exploring a partnership with Unifrog to provide students with tools for exploring careers, building CVs, and tracking progress.
- Parent Engagement:** Workshops and events for parents are planned but will depend on scheduling and availability.
- Work Experience:** We are exploring the possibilities of piloting a work experience programme for identified years between 11–14 during this academic year. The programme will evolve into an embedded part of our curriculum based on the trial and feedback.

## Reinforcement Through Curriculum

Our careers programme is strategically integrated into the curriculum to ensure students gain relevant skills and knowledge. Examples include but are not limited to:

### Key Stage 4 and 5 Courses:

- **Mandatory for Year 14:** BTEC Work Skills, BTEC Personal Growth, and Wellbeing.
- **Optional BTEC's:** Vocational Studies, Childcare, Hospitality and Tourism, Health and Social Care, Public Services.
- **Life Skills:** Optional at KS4 and 5.

### ASDAN Curriculum:

- **Core Subject for Years 7-9:** "Transition Challenge" programme with careers focus.
- **Core Subject for Years 12 and 13:** "Working Towards Independence" programme with careers focus and internal work experience.

For further updates, please contact the Head of Careers at:

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